



IOWA PLAN FOR BEHAVIORAL HEALTH Peer Support Services FACT SHEET

Why Peer Support Services?

Peer Support Services give consumers in recovery an opportunity to work with peers and serve as a role model for others on the path to recovery. Consumers gain a sense of hope, belonging, and connection, social and educational development, and links to other community resources.

Key Program Components

- **Training** – Peer Support Specialists are trained in a variety of ways such as the Peer Support Academy, agency trainings, and roundtable participation
- **Education** – offers a wide range of educational opportunities including vocational skills, community living skills, WRAP plans, and wellness activities
- **Socialization** – activities may take place within a Peer Support center, in the client’s home, or through community outings
- **Peer-to-Peer Coordination** – Peer Support Specialists use their personal experience as well as their training to link others to useful resources
- **Recovery**

Programs

Black Hawk – Grundy Mental Health Center – *Black Hawk and Grundy counties*

Peer Support follow-up services

Hillcrest Family Services – *Dubuque county*

Mental health Recovery Center with Peer Support services

Hope Haven – *statewide*

Peer Support training program

Psychiatric Associates – *Pottawattamie county*

Peer Support services associated with the hospital

Waubonsie Mental Health Center – *Page, Fremont, and Montgomery counties*

Peer Support services including a Peer Support services center

Highlights

- Newly developed monthly Peer Support roundtable meetings facilitated by Magellan staff.
- To date, nine Peer Support Specialists have been hired.
- Two Peer Support centers have opened their doors and another is scheduled to open this June.
- *Number of PSS that attend Hope Haven Peer Support Specialist Training (find out when takes place.)*
- *List how many of the PSS connected with the Comm Reinvestment projects go to the training Academy*
- *Number of clients referred to services by the Black Hawk Grundy Peer Support Specialist*

For more information, call Magellan at 515/223-0306 or 800/638-8820

Community Reinvestment projects are funded by the Iowa Department of Human Services through its contract with Magellan Health Services for the Iowa Plan for Behavioral Health, including Medicaid Community Reinvestment.

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